







Technical Exercise submission list

- In Grades Debut 3, candidates may use their book for all technical exercises
- In Grades 4 8, candidates must perform groups A and B from memory. Candidates may use their book for Group C at all grades
- All groups are played unaccompanied (without metronome or click). Any tempos noted are minimum tempos

Debut

Group A

Scales (52 bpm)

Candidates must perform each scale once, using each hand at least once.

All scales must be performed legato

- 1. C major (left **or** right hand)
- 2. A natural minor (left or right hand)

(2 in total)

Group B

Arpeggios (92 bpm)

Candidates must perform each arpeggio once, using each hand at least once.

All arpeggios must be performed legato

- 1. C major (left **or** right hand)
- 2. A minor (left **or** right hand)

(2 in total)

Group C

Studies

- 1. Study 1: 'Cherry Blossom'
- 2. Study 2: 'Ghost in the Attic'
- 3. Study 3: 'Lullaby'
- 4. Study 4: 'Sneaky Trick'

















Prockschool®





Grade 1

Group A

Scales (60 bpm)

Candidates must perform each scale once, using each hand at least twice.

All scales must be played legato.

Major Scales

- 1. F major (left **or** right hand)
- 2. G major (left **or** right hand)
- 3. C Major (hands together)

Minor Scales

Candidates must choose one set of minor scales to perform in their exam (either natural minor, or harmonic minor, or melodic minor)

Natural Minor

- 1. D natural minor (left **or** right hand
- 2. E natural minor (left or right hand)

Harmonic Minor

- 1. D harmonic minor (left or right
- 2. E harmonic minor (left **or** right hand)

Melodic Minor

- 1. D melodic minor (left or right
- 2. E melodic minor (left **or** right hand)

(5 in total)

Group B

Arpeggios (100 bpm)

Candidates must perform each arpeggio once, using each hand at least once.

All arpeggios must be performed legato.

- 1. G major (left **or** right hand)
- 2. D minor (left **or** right hand)

(2 in total)

Group C

Studies

- 1. Study 1: 'High Five'
- 2. Study 2: 'See Saw'
- Study 3: 'The Arrival'
- 4. Study 4: 'Music Box'



















Prockschool®

Grade 2

Group A

Scales (66 bpm)

All scales must be played legato.

Major Scales

- 1. D major
- 2. Bb major
- 3. G major
- 4. C Major, contrary motion

Minor Scales

Candidates must choose one set of minor scales to perform in their exam (either natural minor, or harmonic minor, or melodic minor)

Natural Minor

- 1. B natural minor
- 2. G natural minor
- 3. D natural minor

Harmonic Minor

- 1. B harmonic minor
- 2. G harmonic minor
- 3. D harmonic minor

Melodic Minor

- 1. B melodic minor
- 2. G melodic minor
- 3. D melodic minor

Chromatic Scales

- 1. Chromatic scale starting on D (left hand)
- 2. Chromatic scale starting on D (right hand)

(9 in total)

Group B

Arpeggios (63 bpm)

Candidates must perform each arpeggio once. Candidates should perform an even distribution of arpeggios using the left and right hands

All arpeggios must be played legato.

Major Arpeggios

- 1. D major (left **or** right hand)
- Bb major (left or right hand)
- G major (hands together)

Minor Arpeggios

- 1. B minor (left **or** right hand)
- 2. G minor (left **or** right hand)

(5 in total)

Group C

Studies

- 1. Study 1: 'Clarity'
- 2. Study 2: 'Winter Garden'
- 3. Study 3: 'Curtain Call'
- 4. Study 4: 'Curious Cat'

















Grade 3

Group A

Scales (80 bpm)

All scales must be played legato.

Major Scales

- 1. Eb major
- 2. A major
- 3. D major
- 4. F Major

Major Scales in Contrary Motion

- 1. A major
- 2. Eb major

Minor Scales

Candidates must choose 3 scales from one set of minor scales to perform in their exam (either natural minor, or harmonic minor, or melodic minor)

Natural Minor

- 1. C natural minor
- 2. F# natural minor
- 3. E natural minor
- 4. D natural minor

Harmonic Minor

- 1. C harmonic minor
- 2. F# harmonic minor
- 3. E harmonic minor
- 4. D harmonic minor

Melodic Minor

- 1. C melodic minor
- 2. F# melodic minor
- 3. E melodic minor
- 4. D melodic minor

Chromatic Scale

1. Chromatic scale starting on A

(10 in total)











Group B

Arpeggios (69 bpm)

Candidates must perform each arpeggio **once**. Candidates should perform an even distribution of arpeggios using the left and right hands

All arpeggios must be played *legato*.

Major Arpeggios

- 1. A major
- 2. Eb major (left **or** right hand)

Minor Arpeggios

- 1. C minor
- 2. F# minor (left **or** right hand)

(4 in total)

Group C

Studies

- 1. Study 1: 'Valsette'
- 2. Study 2: 'Jack-in-the-box'
- 3. Study 3: 'Ribbons'
- 4. Study 4: 'Twister'







Grade 4

Group A

Scales (104 bpm)

All scales must be played legato.

Major Scales

- 1. Eb major
- 2. E major
- 3. Bb major
- 4. A Major
- 5. Eb major

Minor Scales

Candidates must choose **one** set of minor scales to perform in their exam (either natural minor, or harmonic minor, or melodic minor)

Natural Minor

- 1. F natural minor
- 2. C# natural minor
- 3. B natural minor
- 4. G natural minor

Harmonic Minor

- 1. F harmonic minor
- 2. C# harmonic minor
- 3. B harmonic minor
- G harmonic minor

Melodic Minor

- 1. F melodic minor
- 2. C# melodic minor
- 3. B melodic minor
- 4. G melodic minor

Major and Minor Scales in Contrary Motion

Candidates must perform one of **three** major scales in contrary motion, and the C harmonic minor scale in contrary motion.

- 1. Ab major
- 2. E major
- 3. D major
- 4. C harmonic minor

Chromatic Scale

1. Chromatic scale starting on G#

(12 in total)

Group B

Arpeggios (76 bpm)

All arpeggios must be played legato.

Candidates must perform three major scales and three minor scales

Major and Minor Arpeggios

- 1. Ab major
- 2. E major
- 3. Bb major
- 4. Eb major
- 5. F minor
- 6. C# minor
- 7. B minor
- 8. G minor

(6 in total)

Group C

Studies

- 1. Study 1: 'Birdsong'
- 2. Study 2: 'Invention'
- 3. Study 3: 'Fleeting Footsteps'
- 4. Study 4: 'Boulevard'



















Prockschool



Grade 5

Group A

Scales (126 bpm)

All scales must be played legato unless otherwise stated.

Major Scales

- 1. B major
- 2. Db major
- 3. Ab major

Minor Scales

Candidates must choose one set of minor scales to perform in their exam (either natural minor, or harmonic minor, or melodic minor)

Natural Minor

- 1. G# natural minor
- 2. Bb natural minor
- C# natural minor
- 4. F natural minor

Harmonic Minor

- 1. G# harmonic minor
- 2. Bb harmonic minor
- 3. C# harmonic minor
- 4. F harmonic minor

Melodic Minor

- 1. G# melodic minor
- 2. Bb melodic minor
- 3. C# melodic minor
- 4. F melodic minor

Contrary Motion Scales

Candidates must choose to perform **one** major scale and **one** minor scale in contrary motion

- 1. B major
- 2. Db major
- 3. D harmonic minor
- 4. G harmonic minor

Chromatic Scale

1. Chromatic scale starting on B

Staccato Scales

- 1. G major
- 2. Bb major

Major scale a 3rd apart

1. A major

(13 in total)

Group B

Arpeggios (86 bpm)

All arpeggios must be played legato.

Major Arpeggios

- 1. B major
- 2. Db major
- 3. E major
- 4. Ab major

Minor Arpeggios

- 5. G# minor
- 6. Bb minor
- 7. C# minor
- 8. F minor

(8 in total)

Group C

Studies

- 1. Study 1: 'Almost Home'
- 2. Study 2: 'A Short Amble'
- 3. Study 3: 'Skipping Stones'
- 4. Study 4: 'Consequence'



















Piano 2025 Graded Certificates G6-8

Technical Exercise submission list

Notes

- All groups are played unaccompanied (without metronome or click) and any tempos written are recommended minimum tempos
- Group A and B should be played from memory.
- Candidates may use their book for Group C.















Grade 6

Group A

Scales (152 bpm apart from C major in 3rds: 76bpm)

All scales apart from the Harmonised Scales must be played *legato* or staccato. Candidates must perform an equal number articulated each way.

Major Scales

- 1. F# major/Gb major
- 2. D major
- 3. Bb Major

Minor Scales

Candidates must choose one set of minor scales to perform in their exam (either natural minor, or harmonic minor, or melodic minor)

Natural Minor

- 1. D# natural minor/Eb natural minor
- 2. Eb natural minor/D# natural minor
- 3. B natural minor
- 4. G natural minor

Harmonic Minor

- 1. D# harmonic minor/ Eb harmonic minor
- 2. Eb harmonic minor/D# harmonic minor
- 3. B harmonic minor
- 4. G harmonic minor

Melodic Minor

- 1. D# melodic minor/Eb melodic minor
- 2. Eb melodic minor/D# melodic minor
- 3. B melodic minor
- 4. G melodic minor

Major and Harmonic Minor Scales in Contrary Motion

- 1. F# major/Gb major
- Gb major/F# major
- 3. F# harmonic minor
- B harmonic minor

Chromatic Scales in Similar and Contrary Motion Motion

- 1. Chromatic scale starting on D#, similar motion
- 2. Chromatic scale starting on F#, contrary motion

Harmonised Scales

- 1. C major in 3rds, right hand only, legato
- 2. Ab major a 3rd apart, hands together, legato or staccato

(15 in total)

Group B

Arpeggios (100 bpm)

Candidates must perform an equal number of arpeggios articulated legato and staccato.

Major and Minor **Arpeggios**

- 1. F# major/Gb major
- D major
- 3. Bb major
- 4. D# minor/Eb minor
- 5. B minor
- 6. G minor

Seventh Arpeggios

- 1. C diminished 7th
- 2. C dominant 7th

(8 in total)

Group C

Studies

Candidates to perform one technical study from the list below:

Prockschool®

- 1. Study 1: 'Dusk'
- 2. Study 2: 'Jeux de Chouchou'
- 3. Study 3: 'Trapeze'
- 4. Study 4: 'Buster'















■ PREC | COCKSCHOOL



Piano 2025 Graded Certificates Debut-G8

Grade 7

Group A

Scales (160 bpm apart from G major in 3rds: 80bpm)

All scales apart from the Harmonised Scales must be played *legato* or staccato. Candidates must perform an equal number articulated each way.

Major Scales

- 1. C# major
- 2. Cb major
- 3. E Major
- 4. Ab major

Minor Scales

Candidates must choose one set of minor scales to perform in their exam (either natural minor, or harmonic minor, or melodic minor).

Natural Minor

- 1. A# natural minor
- 2. Ab natural minor
- 3. C# natural minor
- 4. F natural minor

Harmonic Minor

- 1. A# harmonic minor
- 2. Ab harmonic minor
- C# harmonic minor
- 4. F harmonic minor

Melodic Minor

- 1. A# melodic minor
- 2. Ab melodic minor
- 3. C# melodic minor
- 4. F melodic minor

Major and Harmonic Minor Scales in Contrary Motion

Candidates must perform two major scales and two minor scales in contrary motion.

- 1. C# major
- 2. Cb major
- 3. E major
- Ab major
- 5. F harmonic minor
- 6. C# harmonic minor
- 7. G# harmonic minor

Chromatic Scales in Similar and Contrary Motion Motion

- 1. Chromatic scale in similar motion starting on E, G#, C#
- 2. Chromatic scale in contrary motion starting on C# or G

Harmonised Scales

- 1. G major in 3rds, right hand only, legato
- 2. G major in 3rds, left hand only, legato
- 3. E major a 3rd apart, hands together, legato or staccato
- 4. Ab major a 6th apart, hands together, legato or staccato

(18 in total)

Group B

Arpeggios (112 bpm)

Candidates must perform an equal number of arpeggios articulated legato and staccato.

Major and Minor **Arpeggios**

Candidates must perform three major arpeggios and three minor arpeggios.

- 1. C# major
- 2. Cb major
- 3. E major
- 4. Ab major
- 5. A# minor
- 6. Ab minor 7. C# minor
- 8. F minor

Seventh Arpeggios

- 1. E diminished 7th
- G# diminished 7th
- E dominant 7th 4. Ab dominant 7th

(10 in total)

Group C

Studies

- 1. Study 1: 'Tempest'
- 2. Study 2: 'Surface Tension'
- 3. Study 3: 'Fast Talker'



















Grade 8

Group A

Scales (176 bpm apart from harmonised scales: 100bpm)

All scales apart from the Harmonised Scales must be played *legato* or staccato. Candidates must perform an equal number articulated each way.

Major Scales

Candidates must perform **four** of the six major scales listed below:

- 1. Bb major
- 2. A major
- 3. Eb Major
- 4. E major
- Db major/C# major
- F# major/Gb major

Minor Scales

Candidates must perform **four** of the six minor scales listed below:

- 1. G harmonic minor
- 2. C harmonic minor
- 3. F# melodic minor
- 4. C# natural minor
- 5. Bb harmonic minor/A# harmonic minor
- 6. D# melodic minor/Eb melodic minor

Major and Harmonic Minor Scales in Contrary Motion

Candidates must perform two major scales and two minor scales in contrary motion from the list below:

- 1. F major
- 2. D major
- Ab major 3.
- B major/Cb major
- D harmonic minor
- B harmonic minor 6.
- 7. F harmonic minor
- 8. G# harmonic minor/ Ab harmonic minor

Chromatic Scales in Similar and Contrary Motion Motion

- 1. Chromatic scale starting on B, F#, G# or C#
- 2. Chromatic scale in contrary motion from B and Ab

Harmonised Scales

- 1. Eb major in 3rds, right hand only, legato
- 2. Eb major in 3rds, left hand only, legato
- 3. C major in 6ths, right hand only, staccato
- 4. C major in 6ths, left hand only, staccato
- 5. F# major, a 3rd apart, hands together, legato or staccato
- 6. Db major, a 6th apart, hands together, legato or staccato

Group B

Arpeggios (132 bpm)

Candidates must perform three major and three minor arpeggios from the list below. An equal number of arpeggios articulated legato and staccato.

Major and Minor Arpeggios

- 1. Bb major
- 2. A major
- 3. Eb major
- 4. E major
- 5. Db major/C# major
- F# major/Gb major
- 7. G minor
- 8. C minor
- cont.
- 9. F# minor
- 10. C# minor
- 11. Bb minor/A# minor
- 12. D# minor/Eb minor

Seventh Arpeggios

- 1. F# diminished 7th
- C# diminished 7th
- 3. F# dominant 7th
- 4. Db dominant 7th

(10 in total)

Group C **Studies**

- 1. Study 1: 'Fury'
- Study 2: 2. 'Watercolours'
- Study 3: 'Drifting'

























REVISION HISTORY

1st October 2025

- Guidance Published











